# "Mood and Food - the connection"

## Led by Holistic Nutritionist Alison Cowell

Saturday 19<sup>th</sup> July 2025 (10am-4pm)

### Venue:

Garden Lounge of Fountainhall Church of Scotland, Harcourt

## **Contact person for enquiries and booking:**

**Gaby Valecillos** 

Email: contact@thecounsellingforum.co.uk

ACF CONCESSION MEMBER - £55

ALL NON-MEMBERS - £75

(Low income, 60+, F/T student, counselling diploma student)

ACF Booking Form for Workshop Saturday 19.7.25	
PARTICIPANT NAME:	
EMAIL ADDRESS:	
TELEPHONE NUMBER:	
PLEASE INDICATE APPROPRIATE PAYMENT BOX	
EARLYBIRD – RECEIVED BY 7.7.25	
ACF MEMBER - £50	
ACF CONCESSION MEMBER - £45 (Low income, 60+, F/T student, counselling diploma student)	
ALL NON-MEMBERS - £65	
PAYMENT FROM 8.07.25	
ACF MEMBER - £60	

•	paying by <b>BACS</b> , please state your full name as reference:	
	ccount: 00458505 Sort code: 80-05-11	
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•	you wish to pay by <b>cheque</b> , please email the contact person for posta ddress.	
	sh to <b>cancel your booking</b> , provided at least three days' notice is g eceive a 50% refund.	iven,
Confi	ation/receipts and certificates will be issued electronically unless reque	sted